

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals

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AMITY UNIVERSITY

MADHYA PRADESH

(Established by Ritnand Balved Education Foundation)

National Entrepreneurship Day organised by ASAP on 23 November 2023 - Guest Lecture by Industry Expert – Ar. Sunil Taneja

Since the theme of this event was 'National Entrepreneurship Day', noted architect Ar. Sunil Taneja, was invited as the guest for this event. He shared his knowledge with architecture and Interior Design students on the way forward while starting a new firm or startup in this sector.

The event was organized for students of B. Arch, BID and M. Plan. The key objectives of this event were as follows –

- i) To make the students aware about the future after their bachelor's in architecture or interior design degree,
- ii) The way forward if students want to start their own architectural or interior design firm or practice immediately after acquiring their degree,
- iii) The potential obstacles students may face while venturing out during their entrepreneurship journey while starting their new practice.



Ar. Sunil Taneja delivering the guest lecture.



ASAP Students and faculty members during the guest lecture.



ASAP Students and faculty members during the guest lecture.



Prof. LK Jain giving a token of appreciation to Ar. Sunil Taneja.



AMITY UNIVERSITY

MADHYA PRADESH

(Established by Ritnand Balved Education Foundation)

Outcome Report (Event/Activity Organised @ AUMP)

General Information

1. Date: 14 September 2023
2. Event Type: Activity
3. Event Title: Hindi Diwas Celebration
4. Venue : TV studio, Amity School of Communication
5. Organised by (School): Amity School of Communication, Amity University Madhya Pradesh
6. Student Participation*: 80 (approx) from Amity School of Communication, Amity University Madhya Pradesh
7. Faculty Participation*: 10 Faculties from Amity School of Communication, Amity University Madhya Pradesh
8. Participation from outside AUMP*: Nil
9. Event Coordinator(s) with designation: Gaurav Chhabra, Assistant Professor Amity School of Communication, Amity University Madhya Pradesh

General Introduction of the Event. The Hindi Diwas celebration at our institution is meticulously planned and executed through the collaborative efforts of a dedicated committee. Commencing with an inaugural ceremony, the event unfolds with insightful speeches from guest speakers, ranging from language experts to cultural enthusiasts, shedding light on the historical and cultural importance of Hindi. Participants engage in educational sessions emphasizing the practical aspects of Hindi language skills, complemented by literary showcases where students and faculty share and appreciate Hindi literature through readings and recitations. The cultural vibrancy of the occasion is brought to life with dynamic performances, including dances, dramas, songs, and poetry recitations. The event incorporates creative expressions such as poster-making and artistic displays, allowing attendees to visually connect with the language. A culminating oath-taking ceremony symbolizes a commitment to promoting and respecting Hindi in personal and professional spheres. Collaborations with local organizations, media coverage, and thorough documentation ensure the event's reach and impact, fostering a deeper understanding and appreciation of the Hindi language and culture.

10. Objectives of the Event

- a. Cultural Appreciation and Awareness: Foster a deep appreciation for the Hindi language and culture among participants by showcasing the rich literary heritage, traditional performances, and artistic expressions, thereby increasing cultural awareness within the academic community.

b. Language Proficiency Enhancement: Enhance language skills by organizing interactive workshops and language competitions, encouraging participants to actively engage in reading, writing, and communication in Hindi, with a focus on practical applications of the language.

c. Community Building and Inclusivity: Promote a sense of community and inclusivity by providing a platform for students and faculty to actively participate in the celebration. Through collaborative activities such as cultural performances and creative expressions, strengthen the bonds within the institution and celebrate linguistic diversity.

d. Educational Insight and Reflection: Provide educational insights into the historical and cultural significance of Hindi through speeches, literary showcases, and discussions led by guest speakers. Encourage participants to reflect on the importance of Hindi in their personal and professional lives, fostering a sense of responsibility toward preserving and promoting the language.

Details of Expert/Speaker/Resource Person/Judge:

Prof. (Dr) Trishu Sharma

Dean & Director, Amity School of Communication, Amity University Madhya Pradesh

Dr. Aditya Shukla

Associate Professor, Amity School of Communication, Amity University Madhya Pradesh

Dr. Adhrit Chandra Pati Tripathi

Assistant Professor, Amity School of Communication, Amity University Madhya Pradesh

Event Report along with glimpses of the event(*Photographs*)













Key Outcomes.

- The key outcome of the Hindi Diwas celebration at our institution is the heightened awareness and appreciation for the Hindi language and its cultural richness. Through a carefully curated program, participants develop a deeper understanding of the historical and cultural significance of Hindi, fostering a sense of pride and connection to their linguistic heritage.
- The event's focus on language proficiency enhancement results in improved Hindi language skills among students and faculty, positively impacting their ability to read, write, and communicate effectively in Hindi.
- The celebration serves as a catalyst for community building and inclusivity, creating a vibrant atmosphere that celebrates linguistic diversity and strengthens the sense of unity within the academic community.
- The event encourages educational insight and reflection, prompting participants to consider the broader implications of Hindi in their lives and reinforcing a commitment to preserving and promoting this integral aspect of Indian culture.
- Overall, the key outcome is a more informed, connected, and culturally enriched academic community with an enduring appreciation for the Hindi language.



MEDIA REPORT

“Personality Development a Way Forward to Innovation”

Date: 28th September 2023 (Thursday)

Time: 3:15pm to 5:15pm

Objective:

1. To explore and understand the unique and enduring patterns of thoughts, feelings, and behaviors that define an individual's personality.
2. Comprehensive exploration of role of innovations in development of personality.

Outcome of the activity: The session focused on making the audience aware about the aspects and the depth of personality as well as the recent innovations in this field. This would further help the audience to delve deeper into aspects of personality of oneself.

Mode: Offline

Venue: Amity University, Madhya Pradesh

Number of Participants: 75 Students.

Resource Personage: Students of MPhil and PDCP, Department of Clinical Psychology, Amity Institute of Behavioral and Allied Science, Amity University Madhya Pradesh.

Summary of the Session:

Positive Mental Health & Psychological First Aid Centre, Amity Institute of Behavioral and Allied Sciences, Amity University, Madhya Pradesh organized a special session on Personality Development a Way Forward to Innovation for the students of the department. The event began by a student who introduced everyone with the contents of the event and the esteemed director of AIBAS Prof (Dr) NovRattan Sharma, imparted words of wisdom on the importance of AI in the field of psychology and he shared his knowledge about the importance of innovation week. This event focuses on discussing in depth personality, it was done to make audience aware about the various aspects of personality and the role it plays in the process of development. Further, it also involves the influence of AI, this will make the young minds acquainted with the role personality plays and motivate them to develop in a certain way where they would be able to reflect better in their lives as well as make them acquainted with AI innovations that are now growing in the field of psychology.

The event was kick started by the student of MPhil Clinical Psychology where he began by talking about personality and the factors affecting personality development of children, he discussed how

personality is a unique pattern of thoughts, feelings, and behaviours that distinguish a person from others. A product of both biology and environment, it remains consistent throughout life. It was understood that personality is affected by aspects such as parental influence, home environment, school environment, culture, family treatment, mass media and social media.

A detailed discussion about Big 5 personality theory was done which has an acronym as OCEAN this model, encompass Openness to Experience, Conscientiousness, Extraversion, Agreeableness, and Neuroticism. Openness to Experience measures a person's inclination towards novelty and creativity. Conscientiousness reflects traits like organization and diligence. Extraversion gauges sociability and energy in social interactions. Agreeableness assesses one's cooperativeness and empathy. Neuroticism relates to emotional stability and the tendency to experience anxiety and mood swings. Together, these factors provide a comprehensive framework for understanding and categorizing various aspects of an individual's personality.

The event was further taken forward by amazing performance done by the students where they showcased Erik Erikson's theory of psychosocial development which delineates eight distinct stages that individuals traverse throughout their lives, each characterized by a unique psychosocial challenge. Beginning with infancy, the "Trust vs. Mistrust" stage emphasizes the establishment of trust through responsive caregiving. Early childhood introduces the "Autonomy vs. Shame and Doubt" stage, wherein children strive to assert independence while learning self-control. Preschoolers navigate the "Initiative vs. Guilt" stage, balancing curiosity-driven exploration with societal rules. Elementary school years mark the "Industry vs. Inferiority" stage, where children aim to develop competence in various activities. Adolescence presents the "Identity vs. Role Confusion" stage, characterized by identity exploration and potential confusion about societal roles. Young adulthood features the "Intimacy vs. Isolation" stage, focusing on forming meaningful relationships while avoiding isolation. Middle adulthood introduces "Generativity vs. Stagnation," where individuals seek to contribute to society and future generations, avoiding feelings of stagnation. Late adulthood encompasses the "Integrity vs. Despair" stage, during which individuals reflect on their life's achievements, either achieving a sense of integrity and wisdom or experiencing despair and regret if unresolved challenges persist.

Later a presentation was given which included The Concerns and Importance of Psychological Expertise in the Evolving Landscape of Personality Development and Life Coaching, here the presenter discussed the expansion of personality development. It has been seen that life coaching has non-psychology professionals taking on coaching roles, raising concerns about quality, ethics, and potential harm. It is vital to recognize that delving into these fields requires deep psychological understanding. Those lacking formal psychology training may offer misguided advice and unproven techniques. The field's limited regulation allows unqualified individuals to exploit vulnerable clients, often making exaggerated promises for financial gain. Coaches may overlook ethical guidelines, potentially breaching trust and privacy. A personalized, evidence-based approach to coaching is essential. Clients should exercise critical thinking, seek transparent pricing, and be wary of emotional manipulation. In serious mental health cases, consulting qualified professionals is crucial.

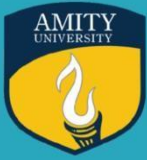
The department did not only give information but also involved the audience in a fun game of BINGO, where they gave out BINGO Sheets and asked questions regarding the presentation. Whoever was able to answer the question quickly and said 'O' were given a reward, this was a fun session, and the audience enjoyed it a lot.

Lastly, the event ended with discussion related to Artificial Intelligence and Innovations in the field

of psychology which is a new field it involves exciting innovations that AI brings to the field of psychology include enhancing the effectiveness and accessibility of therapeutic techniques such as systematic desensitization and ERP through virtual reality simulations, personalized biofeedback for self-regulation, AI-driven assertiveness training programs, optimizing relaxation therapy sessions, and refining aversion therapy interventions through data-driven insights and virtual environments.

Prof (Dr). NovRattan Sharma, Director AIBAS, sharing words of wisdom and encouragement





CELEBRATION OF INNOVATION WEEK

“PERSONALITY DEVELOPMENT”

Way Forward To Innovations

Highlights:

Interactive Presentation

SKIT

Bingo

AI & Innovations

September 28, 2023

Timing: 03:15-05:15 P.M.

Venue: L.T. 412, “C” Block

Organized By

**Positive Mental Health & Psychology First Aid Centre
Amity Institute of Behavioral & Allied Sciences (AIBAS)
Amity University, Madhya Pradesh (Gwalior)**



Students of AIBAS portraying the stages of Erik Erikson's Psychosocial Development through a skit performance







MEDIA REPORT

Manolaas Ke Navrattan on World Happiness Week

Date: 20-22 March 2024 (Tuesday)

Time: 12:30pm to 02:00pm

Objective:

1. Celebrating inner Happiness and nurturing true joy of life.
2. A competition organised by AIBAS to identify true icons of happiness in Amity University as 'Manolaas Ke Navrattan' **from the three categories 1. Faculty, 2. Staff & 3. Students.**
3. Engaging discussion with an expert and creative activities, participants unearthed tool for joy and resilience, fostering a collective moment of positivity within our community.
4. The program encouraged the students and participants to be aware about the importance of happiness in studies, work productivity and job satisfaction.

Mode:Offline

Venue: Amity Institute of Behavioural and Applied Sciences, Amity University Madhya Pradesh

Number of Participants: 150 Students, staff and faculty (AIBAS, ASAP, ALS, ASL, ASET, AIP).

Resource Persons: Hon'ble Pro Chancellor, V k Sharma, (Lt. Gen., ret. AVSM), Prof. (Dr.) Girishwar Mishra, (ret. VC of MGAHV, Wardha), Prof. (Dr.) Novrattan Sharma (Director AIBAS), Prof. L K Jain (Director ASAP).

Faculty Coordinators: 1. Dr. Shubhagata Awasthi, and 2. Ms. Nabanita Barua (Assistant Professor & Inhouse Event Coordinators, AIBAS)

Summary of the Session:

Amity Institute of Behavioural and Applied Sciences, Amity University Madhya Pradesh, is committed to improve the lives of students and educate them about the pursuit of health and happiness, in line with the programme organised on World Happiness Week, AIBAS has staged a competition to select true icons of happiness at Amity University as 'Manolaas Ke Navrattan' from three categories 1. Faculty, 2nd Staff & 3rd Students. The aim of this competition was to identify nine exceptional people who are a symbol of spreading happiness through their creative art and sense of joy. Manoullas ke Navratan represents a group of nine extraordinary people who spread happiness and joy. There are nine winners (3×3×3) in each category (1st, 2nd & 3rd).

Category: Faculty

1. Prof. (Dr.) Rajendra Kumar Sharma, AIBAS
2. Mr. K. Muthuvel, ASL
3. Prof. (Dr.) Rakhi Singh Chouhan, ALS

Category: Staff

1. Ms. Rashmi Singh, Warden
2. Ms. Geetanjali Sikarwar, Office Assistant, ABS
3. Mr. Varghese Matheu, HR Manager

Category: Students

1. Ms. Palak Velankar, B. Pharma, Semester VI, AIP
2. Ms. Jasmeet Kaur, B.A(H) Applied Psychology, Semester VI, AIBAS
3. Ms. Tanya Verma, Bt. Cse, Semester -II, ASET

More than 150 faculty, staff and students from all AUMP departments registered for the event. The event began at 2:30 p.m. and the students were enthusiastic. The main objective of the event was to celebrate inner happiness on World Happiness Day by promoting true happiness in life. Also, this competition was organised to recognise true icons of happiness at Amity University as 'Manolaas Ke Navrattan' in three categories 1st Faculty, 2nd Staff & 3rd Students. AIBAS held an engaging discussion where the guests and dignitaries taught students, faculty and staff the importance of happiness as an invaluable tool for joy and resilience and fostered a collective moment of positivity within our community.

The programme encouraged students and participants to become aware of the importance of happiness for study, work productivity and job satisfaction. All participants showed their skills through art and creativity by expressing their feelings in the form of quotes on posters, sketches, etc., which play an important role in raising public awareness about important aspects of happiness in general. The results were announced by the faculty coordinators

Dr. Shubhagata Awasthi and Nabnita Barua. All the participants performed well and the top three in each category were awarded prizes and certificates by Pro Chancellor V. K. Sharma (Lt. Gen. (retd.), AVSM), Prof. (Dr.) Girishwar Mishra, (Retd. VC of MGAHV, Wardha), and Prof. (Dr.) Novrattan Sharma (Director AIBAS) based on set criteria. The esteemed Vice-Chancellor appreciated and encouraged all the participants - staff, students and faculties - for their efforts in making the event a success.

Some glimpses of the event:

 **पत्रिका**

एमिटी यूनिवर्सिटी मनोल्लास नवरत्न प्रतियोगिता से फैली खुशियां, बदली सोच

पत्रिका प्लस@ग्वालियर. एमिटी यूनिवर्सिटी मध्य प्रदेश के एमिटी इंस्टीट्यूट ऑफ बिहैवियरल एंड एप्लाइड साइंसेज ने वर्ल्ड हैप्पीनेस वीक के उपलक्ष्य में मनोल्लास के नवरत्न प्रतियोगिता का आयोजन किया। प्रतियोगिता का उद्देश्य छात्रों और शिक्षकों के जीवन को बेहतर बनाने और सकारात्मक सोच के साथ उन्हें स्वास्थ्य एवं खुशी की प्राप्ति के लिए शिक्षित करना है। कार्यक्रम के मुख्य अतिथि प्रो चांसलर लेफ्टिनेंट जनरल वीके शर्मा एवीएसएम (सेवानिवृत्त), विशिष्ट अतिथि प्रो (डॉ.) गिरिश्वर मिश्रा, पूर्व कुलपति, एमजीएचवी, वर्धा, निदेशक प्रो (डॉ.) नव रतन शर्मा और प्रो. एलके जैन थे। प्रतियोगिता में अपनी सकारात्मक सोच और रचनात्मक कला के माध्यम से उल्लास और खुशी फैलाने के प्रतीक मनोल्लास के नवरत्न में प्रथम

(डॉ.) राजेंद्र कुमार शर्मा, द्वितीय के.मुथुवेल और प्रो. (डॉ.) राखी सिंह चौहान ने तृतीय स्थान प्राप्त किया। कर्मचारी वर्ग में प्रथम रश्मि सिंह वार्डन, द्वितीय गीतांजलि सिकरवार कार्यालय सहायक और तृतीय स्थान पर वर्गीज मैथ्यू मानव संसाधन प्रबंधक रहे। छात्रों में प्रथम पलक वेलणकर बी.फार्मा, द्वितीय जसमीत कौर एप्लाइड साइकोलॉजी और तृतीय तान्या वर्मा सीएसई विजेता घोषित किए गए। एमिटी इंस्टीट्यूट ऑफ बिहैवियरल एंड एप्लाइड साइंसेज के निदेशक प्रो (डॉ.) नव रतन शर्मा का मानना है कि छात्रों का जीवन खुशियों और सकारात्मक ऊर्जा से भरा होना चाहिए और उन्हें स्वस्थ रहने के लिए निरंतर प्रेरित करना आवश्यक है। कार्यक्रम संयोजक डॉ.शुभगता अवस्थी और इनहाउस इवेंट कोऑर्डिनेटर नवनीता बरुआ रहे।

स्वदेश

ग्वालियर - मुख्य संस्करण
29 Mar 2024

रण कर मनमोहक बंगला भी सजाया। वितरण हुआ। इस यक्ष कैलाश मित्तल, गिखरा, धर्म मंत्री किया जाएगा। भजनों की प्रस्तुति गायक संजय मित्तल कोलकाता, निशा और अभिषेक नामा जयपुर द्वारा दी ज यह जानकारी श्री श्याम मित्र परित संरक्षक गिरधारी अग्रवाल ने दी।

एमिटी में मनोल्लास नवरत्न प्रतियोगिता आयोजित

ग्वालियर। एमिटी विश्वविद्यालय के एमिटी इंस्टीट्यूट ऑफ बिहैवियरल एंड एप्लाइड साइंसेज ने विश्व खुशी सप्ताह के उपलक्ष्य में गुरुवार को मनोल्लास के नवरत्न प्रतियोगिता आयोजित की गई। जिसमें मुख्य अतिथि के रूप में संस्थान के प्रो चांसलर लेफ्टिनेंट जनरल वीके शर्मा और विशिष्ट अतिथि प्रो. गिरिश्वर मिश्रा, नव रतन शर्मा एवं प्रो. एलके जैन उपस्थित रहे। कार्यक्रम संयोजक डॉ. शुभगता अवस्थी और इनहाउस इवेंट समन्वयक नवनीता बरुआ रहे। प्रतियोगिता में अपनी सकारात्मक सोच और रचनात्मक कला के माध्यम से उल्लास और खुशी फैलाने के प्रतीक 'मनोल्लास के नवरत्न' में प्रथम डॉ. राजेंद्र कुमार शर्मा, द्वितीय के.मुथुवेल और प्रो. राखी सिंह चौहान ने तृतीय स्थान प्राप्त किया। इसी तरह कर्मचारी वर्ग में प्रथम रश्मि सिंह, वार्डन द्वितीय गीतांजलि सिकरवार, कार्यालय सहायक और तृतीय स्थान पर वर्गीज मैथ्यू मानव संसाधन प्रबंधक रहे। छात्रों में प्रथम पलक वेलणकर, द्वितीय जसमीत कौर और तृतीय तान्या वर्मा रहीं।

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Source : <https://epaper.patrika.com/>







MEDIA REPORT

Cancer Awareness Workshop



Date: 21 September 2023 (Thursday)

Time: 2:15pm to 5:15pm

Objective: 1. Breast Cancer Awareness, Menstrual Problems, Cervical Cancer Awareness, Head & Neck Cancer, and Prevention of various health conditions related to male & females.
2. Relationship of Cancer Awareness to Mental Health.

Outcome of the activity: To educate and aware students to conquer the battle against cancer and help them to minimise the risk by taking precautions in different stages of life as the word cancer resonate with fear, uncertainty and has touched many lives of countless individuals and family directly or indirectly around the world. The session encouraged the students to be aware of the related symptoms so that it will be diagnosed timely and related treatment will be provided.

Mode: Offline

Venue: Amity Institute of Behavioural and Applied Sciences, Amity University Madhya Pradesh

Number of Participants: 140 Students and 10 faculty members.

Resource Personage: Dr. Gunjan Shrivastava, (Medical Oncologist), Dr. Supriya Garg, (Patient welfare & Administration), Dr. Tanushree Soni, (Dental Surgeon) Ms. Harshita Yadav, Social Worker, and Ms. Meera Shrivastava, Retd. Principal & Ex member of Coordinating Cancer Care.

Coordinators: 1. Cancer Hospital and Research Institute, Gwalior: Dr. Santosh Kumar, (Coordinator and Project officer)

2. Amity University Madhya Pradesh, Gwalior: Dr. Shubhagata Awasthi, (Inhouse Event Coordinator, AIBAS)

Summary of the Session:

Amity Institute of Behavioural and Applied Sciences, Amity University Madhya Pradesh in collaboration with Cancer Hospital and Research Institute Gwalior, has organised free special session on cancer awareness for the students of the Amity Institute of Behavioral and Allied Science (AIBAS), Amity Institute of Social Sciences (AISS) and Amity School of Architecture and Planning (ASAP) on 21st September 2023, on topic ‘Cancer Awareness Workshop’ under the banner of The Positive Mental Health & Psychological First Aid Centre, to promote and ensure inclusivity, the prevention of Mental health problems and develop awareness and sensitization toward social stigma of mental health issues. The event was kick started by Dr. ShubhagataAwasthi, who warmly welcomed the guests of honour Dr. Gunjan Shrivastava, Dr. Tanushree Soni, Ms. Supriya Garg, Ms. Harshita Yadav, Dr. Santosh Kumar and Ms. Meera Shrivastava by acknowledging their meticulous achievements. Before handling over the platform to our esteemed dignitaries, Prof (Dr) NovRattanSharma, Director, AIBAS who imparted words of wisdom regarding the need for and importance of Cancer Awareness Program and relationship of Cancer Awareness to Mental Health.

The first guest to hold the stage was Ms. Supriya Garg who spoke about the basic awareness about Cancer and encouraged the students to be aware about the basic symptoms.

The event was furthered spurred by our main speaker & second guest Dr. Gunjan Shrivastava, who spoke about the importance of Breast Cancer Awareness in females. She emphasized the importance of its awareness globally, every year 16-17 lakh females diagnosed with breast cancer, it means in India one women is diagnosed with breast cancer in every 4 minutes and in every 13 minutes a women died due to breast cancer. She stated that timely diagnosis can increase 90% chances to fully cure this deadly disease. She shared important data with students that in India 50% patients of breast cancer will approach to doctors when they diagnosed in 3rd or 4th stage and the chances of developing these deadly diseases increased with age. She encouraged the students to approach for help in such cases without hesitation. She accepted the importance of psychology and highlighted the need for counselling services especially for cancer patients and their families during and after

treatment of cancer. She gave a brief idea about the Breast self-examination (BSE) and explained the easy-to-do steps that can identify early signs of breast cancer. She explained further that it should be carried out 3-5 days after the onset of female period. Females if no longer get menses, then can choose any day of the month. Further she explained easy steps of BSE. She also enlightened students by explicating exercise of breast cancer prevention. She explained risk factors of Breast Cancer, also shared important case studies and research with students. Next, she explained about the Cervical Cancer, importance of its awareness and steps of prevention of Cervical Cancer. She also covers the topic 'Life saver HPV Vaccine'. The session was further proceeded by third speaker Dr. Tanushree Sony, who spoke about Head & Neck Cancer Awareness. She explained the symptom and causes of most common Cancer in India. Also, she talked about tobacco & alcoholism in young adults, and how dangerous passive smoking is. She warns the students about the effects of smoking as it persists even after 2 hours of smoking in room. Also, she shared few case studies, diagnosis, and very informative data of treatment for the same.

After the very informative and enlightening session next special guest, Ms. Meera Shrivastava, a survivor of breast cancer, talked about her journey, how she overcame and came out through her journey as a warrior. She emphasizes the importance of early detection, early treatment, importance of prevention, follow-up as cancer is recurrent in nature as she got cancer thrice, she shared all her experiences, and about music as a source of motivation to her during that difficult time, also she warned students about not to fall for wrong practice during difficult time instead use creative and good source of involvement and counselling which will increase your confidence and resilience. After a motivational session student of MPhil clinical psychology Ms. Navya, Yashi and Astha started question & answer session in which students raised their queries about different aspects and stages of cancer, severity of the symptoms, female menstrual cycle, preventive measure, cancer in male, common cancers in females, age related aspect of cancer prone stage, white discharge etc and students answered the questions asked by the expert Dr. Gunjan Shrivastava for which they have received gifts from the team. After very interactive question & answer session with all the experts, on the behalf of all the students Ms. Vidushi of MA Clinical psychology shared her learning experiences of the successful conduction of the Cancer Awareness program jointly conducted by AIBAS, Amity University Madhya Pradesh and cancer hospital and research Institution, Gwalior.

At the end she invited the esteemed HoD, Dr. Ragendra Sharma sir for vote of thanks and, he emphasized the importance of psycho-oncology in palliative care and treatment of cancer by psychologists. After the vote of thanks as a token of gratitude we presented sapling of Tulsi plant as a token of gratitude to all our guests and dignitaries.

The Cancer Awareness Workshop was successfully completed by one-to-one interaction of all the guests with thankful gesture of our students and faculty members.











AMITY UNIVERSITY

MADHYA PRADESH

(Established by Ritnand Balved Education Foundation)

MEDIA REPORT

“Poster Making Competition”

Date: 10th October 2023 (Tuesday)

Time: 12:30pm to 02:00pm

Objective:

1. To grant students an opportunity to explore and understand the necessity of mental health and its awareness in today's world.
2. An activity based expressive art approach towards developing understanding importance of mental health.

Outcome of the activity: The competition focused on making the student think about mental health status of self and others and make them aware about the aspects and the depth of mental health on Holistic wellness in person. This would further help the students to delve deeper in aspects of mental health of oneself.

Mode: Offline

Venue: Third Floor Foyer, Block C, Amity University, Madhya Pradesh

Number of Participants: Thirty-six Students participated in the competition, Ten Faculty members & many students who contributed as volunteers.

Resource Personage: Ar. Sudheer Sikarwar, Ar. Rajeev Parashar, Dr. Rajendra Kumar Sharma, Dr. Uday Prakash Verma (For Judgement), Positive Mental Health and Psychological First Aid Centre, Amity Institute of Behavioral and Allied Science, Amity University Madhya Pradesh.

Summary of the Session:

Positive Mental Health & Psychological First Aid Centre, Amity Institute of Behavioral and Allied Sciences, Amity University, Madhya Pradesh organized a student from all courses at Amity University showcased their artistic prowess and thoughtful insights into mental health issues during a poster-making competition held at the campus on World Mental Health Day 2023.

This year, the university chose two pertinent themes for the competition: "Mental health is a universal human right" and "Positive psychology applications." The themes resonated deeply, given the increased emphasis on mental health and well-being in contemporary society.

From vivid illustrations to powerful slogans, the posters presented a harmonious blend of artistry and awareness. Many artworks depicted the significance of understanding, empathy, and community support, emphasizing that mental health is indeed a right, not a privilege. Others delved deep into the science and application of positive psychology, highlighting tools and techniques that can be employed to foster resilience and happiness.

The event was a resounding success, drawing participants and spectators in large numbers. The judges, comprised of faculty members from ASAP and AIBAS department and HOD Clinical psychology, were left both moved and impressed by the quality and depth of the work.

The winners were announced amidst applause and appreciation. The details of winners are as follows:

- The First prize went to Ms. Ananya Shakya (B.Sc. semester I)
- The Second prize goes to Ms. Khushi Yadav (M.A. Clinical Psychology semester III)
- The Third prize is bagged by Saurav Berwal (B.Pharm. semester V)

To foster a broader impact, the top one poster was also selected from all Undergraduate and Post graduate courses. The details of selected students for their best performance are as follows:

- From Under Graduates- Ms. Alaya (B.Sc. Semester I)
- From Post Graduates- Ms. Akshara Yeluri (M.A.Cli. Psy. Semester III)

The university administration deserves credit for organizing an event of this magnitude and relevance. As institutions of higher learning increasingly recognize the importance of mental well-being, initiatives like this not only spread awareness but also help in destigmatizing mental health issues.



Students actively participating in Poster Making Competition at Foyer Block C Third Floor. AUMP.



Prof (Dr). NovRattan Sharma, Director AIBAS, prof (Dr). Anil Vashisht Pro Vice Chancellor, officiating ViceChancellor AUMP, Faculty members AIBAS

HOLISTIC MENTAL HEALTH AND WELLNESS

PROMOTION MONTH

ON THE OCCASION OF WORLD MENTAL HEALTH

OCTOBER 10

BRING'S

"POSTER MAKING COMPETITION"

THEME ~

- “ 1. POSITIVE PSYCHOLOGY APPLICATION
2. MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT ”

DON'T LET THEM SUFFER
ALONE IN SILENCE.

WORLD MENTAL HEALTH DAY
OCTOBER 10TH



VENUE: C-BLOCK FOYER (THIRD FLOOR)

TIME: 12:30PM TO 02:00PM

ORGANIZED BY:

**POSITIVE MENTALHEALTH & PSYCHOLOGICAL
FIRST AID CENTER**

**Amity Institute of behavioral & allied
sciences, AUMP, Gwalior.**

The images of Five best selected posters in different categories –

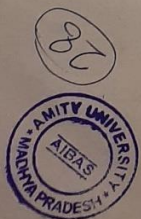


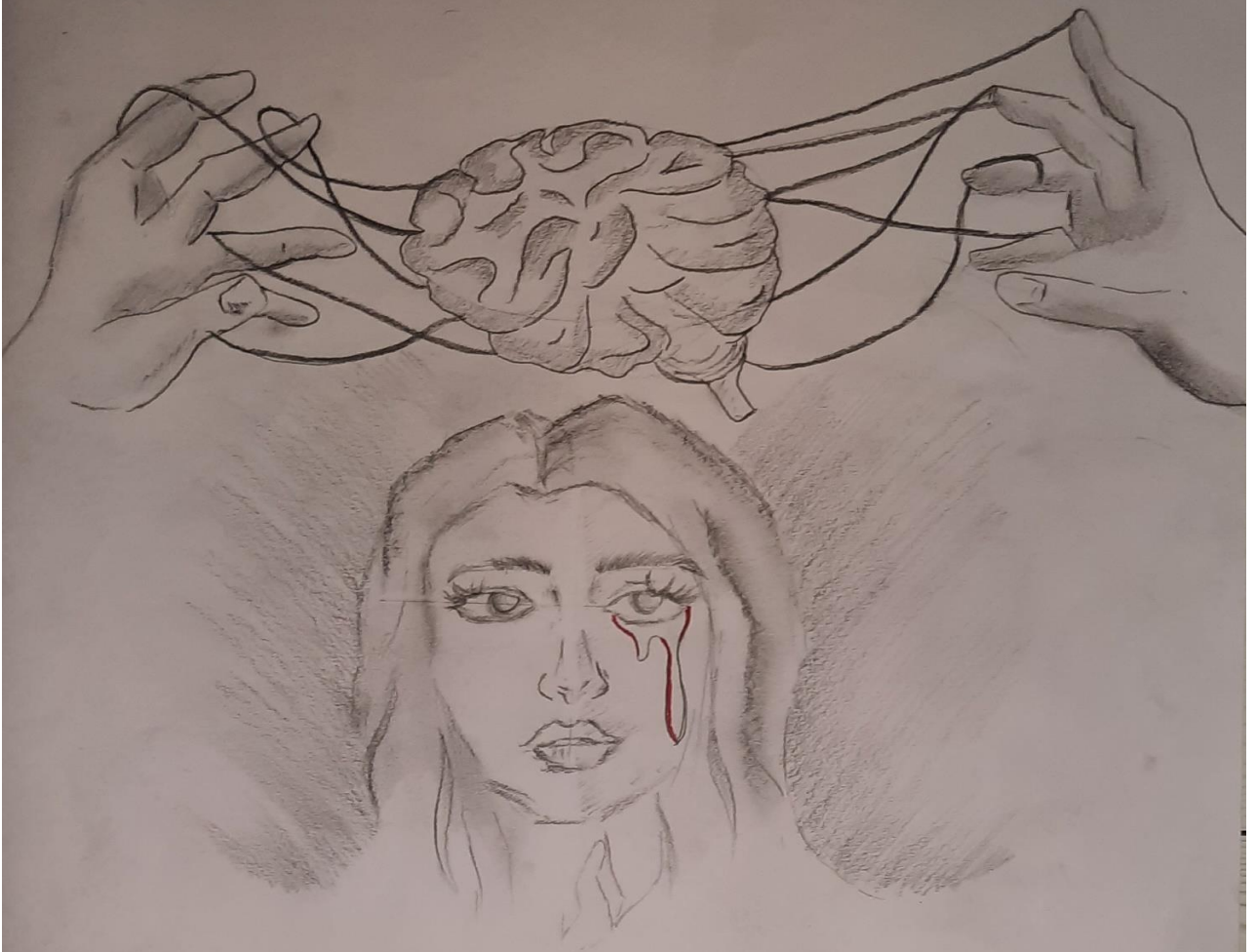


Mental Health *Awareness*



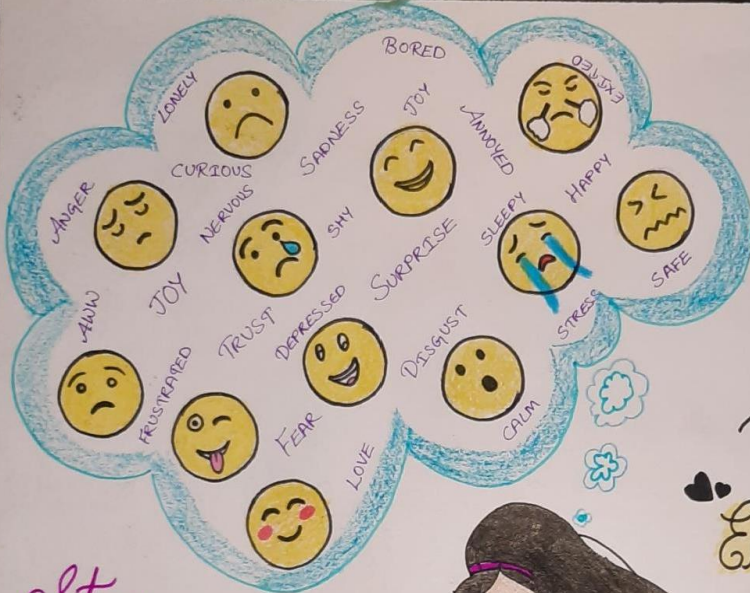
“Healing takes time, and asking for help is a courageous step.”





mental health
is a
universal
human right

"WORLD MENTAL HEALTH DAY"



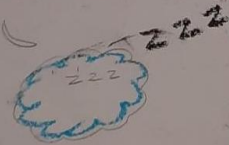
Stay Positive
Stay Happy



Every child, every adult, everyone you know, including you... has a right to mental health!!!



WORLD MENTAL HEALTH DAY - 10 Oct





AMITY UNIVERSITY

MADHYA PRADESH

(Established by Ritnand Balved Education Foundation)

National Handloom Day: Threads of Tradition: weaving tomorrow's legacy today

The inspiration behind organising “Threads of Tradition: weaving tomorrow's legacy today” poster making competition, was to commemorate Handloom Day. The event aimed to celebrate India's rich heritage of handloom textiles and honour. Participants showcased their creativity, patriotism, and appreciation for traditional handloom craftsmanship through their poster designs. Many entries featured handloom weavers at work, beautifully woven fabrics, and illustrations of national icons like Mahatma Gandhi and the peacock, India's national bird. The use of bright and patriotic colors created a lively and uplifting atmosphere, reflecting the participants' love for their country and heritage. Major purpose of this event was to increase awareness about the significance of Handloom Day and the importance of preserving traditional handloom craft.







AMITY UNIVERSITY

MADHYA PRADESH

(Established by Ritnand Balved Education Foundation)

National Khadi Day:

National Khadi Day serves as a reminder of the significance of khadi in India's cultural heritage and its role in promoting sustainable fashion. On the occasion of National Khadi Day, students of Amity School of Fashion Design & Technology (ASFDT) AUMP develop a range of few garments to give a tribute to the fabric that symbolizes the nation's struggle for independence and self-reliance. The evolution of Khadi from a symbol of the freedom movement to a contemporary fashion choice, reinforcing its relevance in today's eco-conscious world







Amity University Madhya Pradesh Celebrates 75th Republic Day of the Nation

The 75th Republic Day of our country was celebrated on 26th January 2024 in the campus of Amity University Madhya Pradesh Gwalior and in physical and online mode in all its solemnity and grandeur.

The festivities of the day commenced with the unfurling of National Flag by Lt Gen V K Sharma AVSM (Retd), the Hon'ble Pro Chancellor AUMP, to the tune of the National Anthem.

In his address to the students, faculty and staff of Amity University Madhya Pradesh, the Hon'ble Pro Chancellor opined that we should be grateful to the freedom fighters and soldiers who sacrificed their lives for the nation. Reminding the audience he stated that we Indians paid a price for freedom of our country, it did not come free to us.

Lt Gen V K Sharma AVSM (Retd), the Hon'ble Pro Chancellor AUMP further stated that we all should contribute to the growth of our country by following the mantras of Swachh Bharat, Aatmnirbhar Bharat and Viksit Bharat given by our Hon'ble Prime Minister. India is poised to become a \$5 trillion economy in 5 years.

Motivating the students of the University, the Hon'ble Pro Chancellor suggested them to develop their personality, logical thinking and knowledge to become good citizens because they are the future of India. The vision of Viksit Bharat encompasses various aspects of development, including economic growth, social progress, environmental sustainability and good governance. The students and faculty should strive to take our nation from an underdeveloped nation to a developed nation.

Concluding his speech, Hon'ble Pro Chancellor stressed that Republic Day is an occasion to recall our foundational values and principles. Let us all dedicate ourselves to serve the nation and fellow citizens in every way we can.

The Hon'ble Pro Chancellor's address was followed by rendition of a patriotic song by Ms Gauri Pandit, a classical dance performance by Ms Sanjana Rathore. Lakshya Jain rendered a melodious patriotic song on this auspicious occasion. As a part of Rashtriya Guvatta Pakhwada – Quality Bharat Mission, the students, faculty and staff of AUMP took a pledge for building a Quality Bharat in this landmark initiative.

To boost the morale of supporting staff of the University, a few games namely Balance with Bat Ball, Brick Relay and Band Ball in male and female category were organized on this day. The participants were heartily cheered by the audience who thoroughly enjoyed the zeal and enthusiasm displayed by the participant during the event.

Prizes were also given to NSS Volunteers who worked for HIV AIDS awareness. Dr Raghvendra Sharma, NSS Programme Officer and Dr Rachna Kathal, the NSS Coordinator, joined the dignitaries to give away these certificates of appreciation.

Lt Gen V K Sharma AVSM (Retd), the Hon'ble Pro Chancellor, AUMP along with, Prof (Dr) Anil Vashisht, Officiating Vice Chancellor and Pro Vice Chancellor, Prof (Dr) M. P Kaushik, Pro Vice Chancellor (R) and Dean Research, Prof (Dr) Iti Roychowdhury, DSW AUMP and other eminent dignitaries gave away the prizes to the winners of games held for support staff.

To remember this cheerful celebration, the Amitians had the privilege of clicking group photographs with Hon'ble Pro Chancellor, Hon'ble Vice Chancellor, Pro Vice Chancellor and other dignitaries on this National Festival. The festivities of this patriotic day culminated with the distribution of sweets to the students and staff of the University.



